

# Stakeholder Engagement Model - Social Marketing strategies to improve student's eating behaviour

Liliana Ferreira<sup>1,2</sup>, Beatriz Monteiro<sup>3</sup>, Mafalda Nogueira<sup>3,4,5</sup>, Sandra Gomes<sup>3,4,5</sup>

1 - Faculdade de Ciências da Nutrição e Alimentação, Universidade do Porto, Porto, Portugal

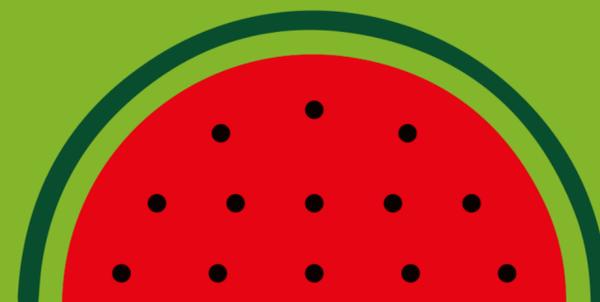
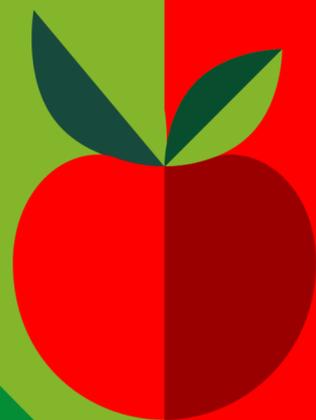
2 - GreenUPorto, Sustainable Agrifood Production Research Center, Porto, Portugal

3 - IPAM Porto

4 - UNIDCOM

5 - CETRAD

EAT LOCAL  
EAT SEASONAL  
EAT REAL



MEDDIET

- MENUS 4 CAMPUS -

14th November 2024  
Liliana Ferreira, Nutritionist



# INTRODUCTION

## SOCIAL MARKETING



- “Social Marketing seeks to **develop and integrate marketing concepts** with other approaches to influence **behaviours that benefit individuals and communities** for the **greater social good**”

# INTRODUCTION

## SOCIAL MARKETING



- Empirically verified strategies **designed to promote behaviour change** within an integrative framework
- With **contributions to health** and adopted by previous studies to investigate **change behaviours towards healthier eating habits**

# INTRODUCTION

## SOCIAL MARKETING



- Recognizes that **behaviour change occurs at multiple levels** (individual, community, organizational and societal)
- Identifies opportunities for **intervention across the different levels** to create **meaningful impact**

# INTRODUCTION

## STAKEHOLDER'S ENGAGEMENT MODEL



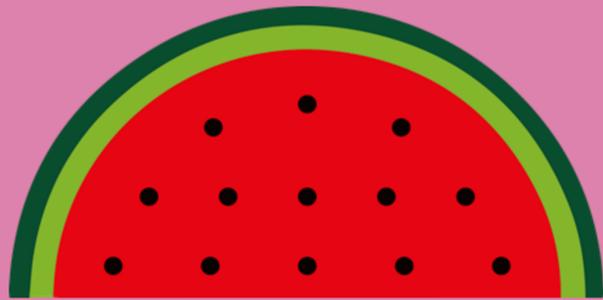
- Underscores the **importance of correctly identifying and engaging key stakeholders** in complex decision-making
- Evidence revealed that **is not enough to create a single stakeholder engagement model** throughout the Social Marketing plan
- **Behavioural change** demands a **systematic and holistic approach**, able to engage a **diverse range of stakeholders**



# METHODOLOGY

Development of a **stakeholder engagement model**, to better craft social marketing strategies aligned with stakeholders' needs

- **1st step: identification and segmentation** by groups of the main stakeholders in higher education institutions (HEI)
- **2nd step:** exploratory interviews (n=30) to identify priority stakeholders and definition of a **priority matrix**
- **3rd step:** definition of the **stakeholder engagement model** *per si*

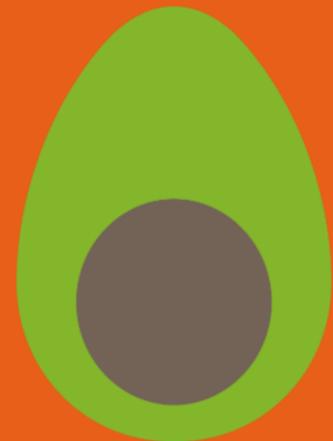


# RESULTS

## 1) IDENTIFICATION OF THE MAIN STAKEHOLDER'S IN HEI

		Portugal (PT)	Turkey (TK)	Croatia (CR)
<b>Total number of stakeholders</b>		<b>29</b>	<b>26</b>	<b>29</b>
<b>Number by segments</b>	Upper level	4	8	7
	HEI	8	4	5
	Students	6	4	4
	Canteens	2	4	4
	Nutritionists	2	3	3
	Other	7	4	7

- **TK and CR:** more stakeholders at a upper level
- **PT** seems to have a more decentralized management of HEI food offer



# RESULTS

## 2) PRIORITY MATRIX

Stakeholder	Dependence			Influence			Main contribution expected in engaging with this stakeholder
	1 Low	2 Medium	3 High	1 Low	2 Medium	3 High	
...	....	....					

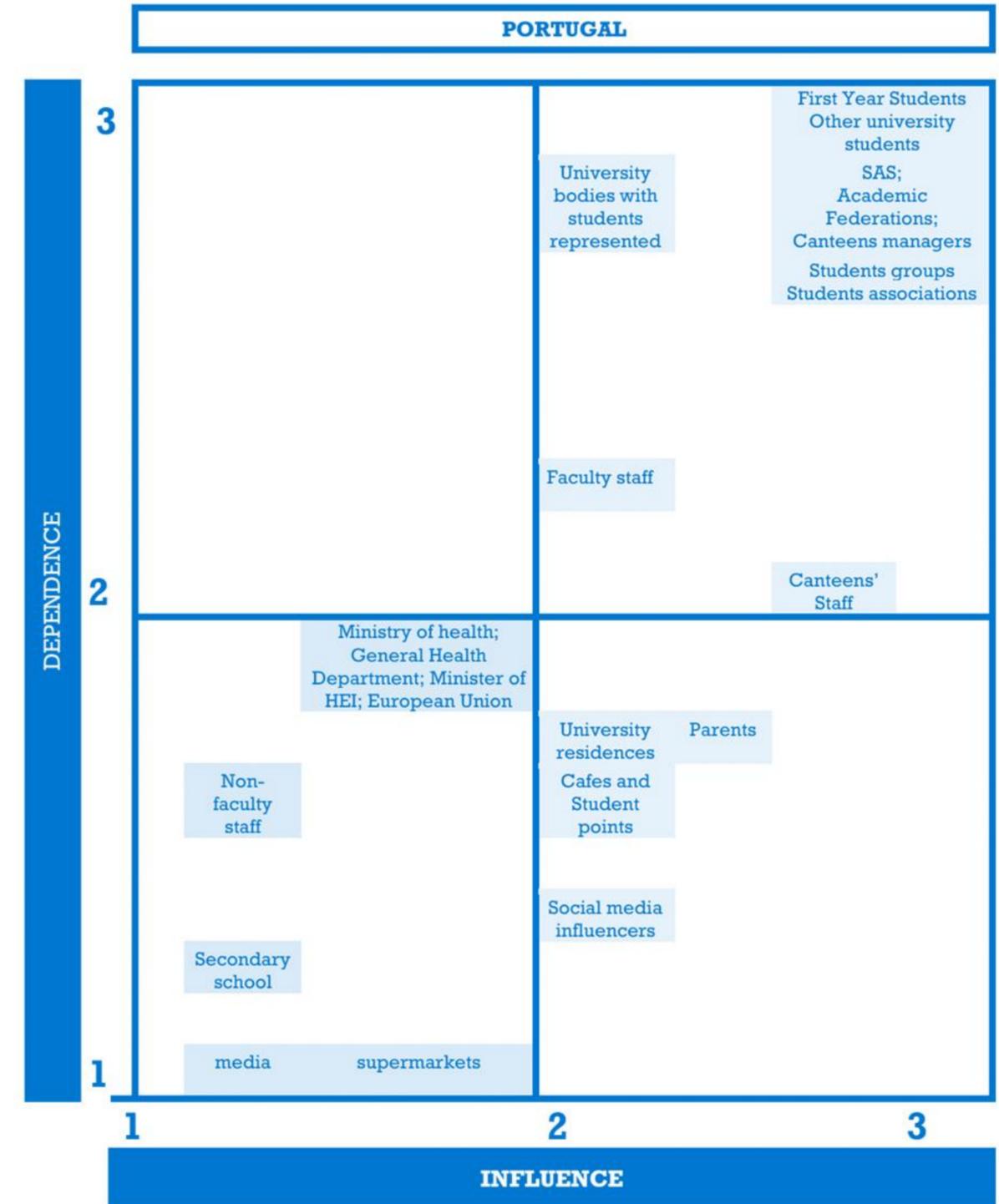
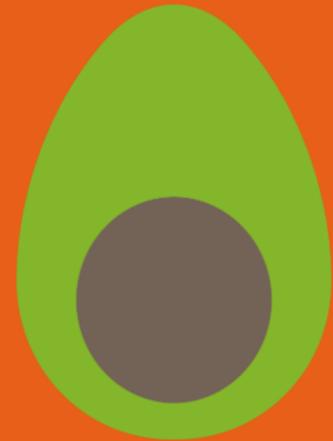
- **DEPENDENCE:** how much the project depends on the stakeholder's resources, support, or engagement to achieve its goals and objectives
- **INFLUENCE:** measure the stakeholder's ability to affect the project activities, decision-making processes and reputation



# RESULTS

## 2) PRIORITY MATRIX

- Definition for each country
- Identification of **4 different levels of prioritization**



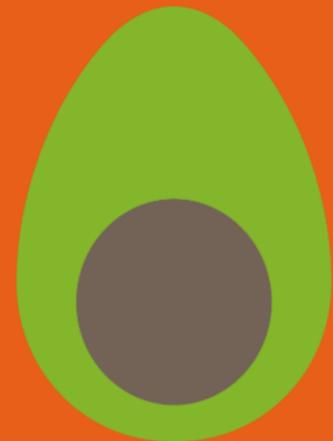
# RESULTS

## 3) STAKEHOLDER ENGAGEMENT MODEL

Type of engagement	Phase Social MKT Plan		Engagement Tools
1- Inform/Communicate	1. Diagnostic	4. Implementation	Emails, Survey, interview, Consultant panel/Advisory Committee; Conference/Seminar, Press Releases, Partnership, Social media ...
2- Consultant	2. Objectives	5. Final evaluation	
3- Dialogue (Consultation panel)	3. Preparation	6. Dissemination	
4. Partnership			

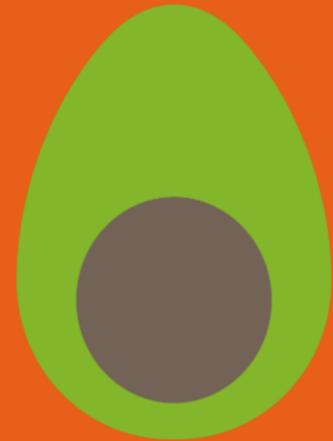
Organisations / Individual	Function / Job Description	Why are stakeholders?	Type of engagement	Engagement tool	When (Phase of Social Marketing Plan)	Reason to engage
----------------------------	----------------------------	-----------------------	--------------------	-----------------	---------------------------------------	------------------

- Defined by **type of engagement**, in **which phase of the Social Marketing Plan** they will be considered and what are the **engagement tools to use**



# RESULTS

## 3) STAKEHOLDER ENGAGEMENT MODEL

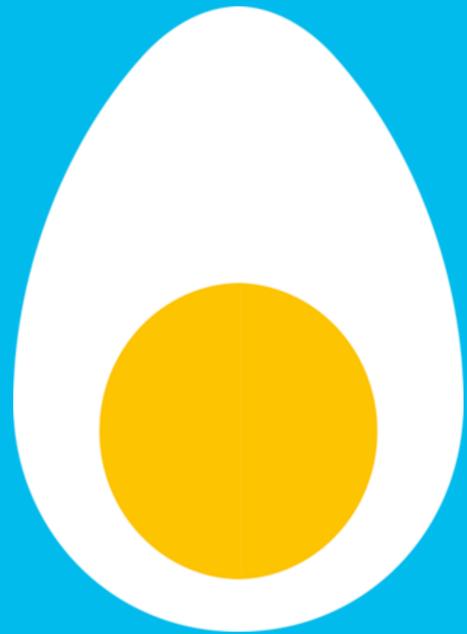


Type of engagement			Phase of social marketing plan				
	Portugal	Turkey	Croatia		Portugal	Turkey	Croatia
1-Inform	15	14	14	1-Diagnosis	20	11	14
2-Consultant	9	0	8	2-Objectives	17	7	8
3-Dialogue	5	2	3	3-Preparation	17	12	13
4-Partnership	7	9	2	4- Implementation	17	13	9
				5-Final evaluation	17	8	12
				6-Dissemination	26	22	21

*Table 8: Stakeholder engagement model: frequency counting per country*

# CONCLUSIONS

- An **effective stakeholder engagement model** → to develop a **social marketing strategy** aimed at changing food habits at HEI
- Different sociocultural, economic and political landscapes → **identification of different priority stakeholders and levels of dependence and influence**
- **Differences between the food offer management in HEI** → different perceptions about **who should be considered a key stakeholder** and **how**



# Acknowledgements

**MEDDIET**  
- MENUS 4 CAMPUS -

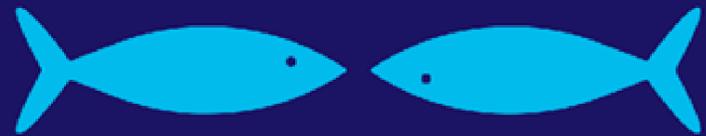


The PRIMA programme is supported under Horizon 2020 the European Union's Framework Programme for Research and Innovation.



Fundação  
para a Ciência  
e a Tecnologia





# MEDDIET

- MENUS 4 CAMPUS -

## Thank you for your attention!

Further details and information:



[info@meddiet4campus.eu](mailto:info@meddiet4campus.eu)

